

EDGARTOWN COUNCIL ON AGING

BOARD MEETING

May 25, 2017

MINUTES

The meeting was called to order at 8:35 am by Co-President Jay Sigler. Also present were Olga Church, Heidi Boyd, and Administrator Paul Mohair. Kevin had advised he would be unable to attend.

Everyone spoke about Glenn Carpenter, remarking on what a wonderful and remarkable man he was, and how much he will be missed. Jay said no one will take Glenn's place. Olga advised of the time and place of the service and reception. Barbara Phillips, co-president of the Friends of the ECOA, also noted Glenn was very involved in the community and that she had sung with him in the choir and worked with him as a volunteer in hospice. Heidi recalled taking the Anchors island tour in a rented van led by Glenn with commentary as he drove. Olga had a few funny stories about Glenn and his bus tours. Olga also remembered she had suggested to Glenn he could start a book club at the Anchors, which is the way Glenn was introduced to the Anchors when he did, indeed, start our men's book club.

Minutes Copies of proposed minutes from the April 20, 2017, meeting were distributed and read. There was brief discussion. Upon motion by Olga, seconded by Heidi, the minutes were adopted unanimously.

Friends of ECOA Report Barbara Phillips said the Friends met after the last Board meeting at which it was decided to put off the May food baskets. Matt Poole attended the meeting, discussing possible Edgartown seniors that may benefit from Friends' help. Barbara also spoke recently with our cook Dianne who said she would prefer to wait on any kitchen improvements. There was discussion about expanding our lunch room. The Anchors, it was noted, is a building in the historical district. Barbara said the Friends have no big plans for the summer. The Board thanked Barbara for coming to the meeting and she left the room.

Budget Paul distributed copies of the budget report with expenses as of May 23rd. Expenses are about where they should be at this point in our fiscal year. There was general discussion. Paul said there was almost \$11,000 unspent in operating expenses until the end of June. We are about 85% through the fiscal year and have spent about 85% of our operating budget.

New Officer Nominating Committee; Member's Terms There was discussion regarding members' terms, officers, and departing members. Olga said she would leave the Board at the end of her term in 2018. Paul will put notices for a new Board member to fill Glenn's vacancy in the Times and Gazette. Olga suggested recruiting someone from our Friends.

Administrator's Report Paul reminded the Board that new state law requires our Board to sign all COA warrants to pay expenses and the payroll and that the town accountant would be satisfied with one Board signature if our Board passed a resolution so designating one Board member. This was done in March with Kevin being the designee. We now need an alternate designee in the event Kevin is not available. By unanimous vote, a resolution was passed designating Heidi as the alternate signatory to sign warrants and payroll in the event Kevin is unavailable.

All members present signed a letter so authorizing Heidi.

Paul reported that, because Victoria's hours increased to 40 a week as of July first, she has resigned as custodian as of that date. Paul said he posted an ad with the town and in the local paper advertizing for a new custodian. Our cook Diane has indicated an interest in the job. There was discussion.

Paul described the Safe Seniors program he, Victoria, and others had developed to make the community alert and sensitive to elders at risk in public. Paul distributed the outreach material that had been developed, including a letter, poster, and rack card describing the program. There was discussion.

Victoria's mom died and the staff has been covering for her while she is out.

Director of Senior Services Report Wendy entered the meeting. Olga mentioned one of her car tires was low on air and she was having a hard time finding someone to help her fill the tire. There was discussion about what seniors do when something small goes wrong with their car. Olga recommended an on-call handyman through the Anchors. Wendy mentioned we do have a handy man list for seniors in need of minor repairs. There was discussion.

Wendy reported a number of programs we are presenting, including an expert on Massachusetts Blue Cross/Blue Shield, new bridge programs on Thursdays and Fridays, health screenings during lunch once a month, and meditation instruction. Jay proposed combining the Men's Book Group with Jill Jupin's Book Group, which Wendy said she was planning. The group will meet the fourth Thursday of each month, beginning July.

Wendy mentioned a number of programs she is planning when the Center for Living moves out. These include presentations on advanced care planning, powers of attorney, health proxies, wills, and MOLST forms. We will do more health care screenings, including cataracts and blood pressure. Games will include bingo and scrabble. Olga suggested a program presenting everyone's favorite reminiscences and youngest photos. Wendy says this would be good at a coffee hour. We also have planned more exercises, chair yoga, art and cooking classes, massage, and computer instruction. Parking is always a consideration during the summer. Answering Jay's question, Paul said the number of attendees go up a bit in the summer. Summer programs and events were discussed. Everyone agreed we should keep programming light during the summer because of all the seasonal activity. Adele Dreyer has been playing piano before lunches and the Vineyard Sound will perform after lunch in July.

Wendy reported about a \$6,400 balance in our special account. There was discussion.

Outreach Report Victoria entered the meeting. She reported on new clients, including a family with health problems and disabilities. We are providing home visits, referrals, and food deliveries. We are helping a disabled senior who moved with getting his Social Security checks redirected, as well as paying his bills. The family of a 93 year old woman is receiving referrals and help from Protective Services. Victoria mentioned a dementia training workshop she took at the last MCOA conference.

Jay mentioned the Friends' plan to serve senior who do not come through the Anchors. Paul said any such services from the Friends must go through the Anchors, insofar as we must be made aware of the seniors being served and they should be in our data base. Victoria suggested a training for the Friends. Paul suggested a memo of understanding with the Friends setting forth the terms of their involvement vis a vis the Anchors. There was discussion. Victoria described and explained our Safe Seniors Program she and Paul had helped create which replaced the old Gatekeepers program. There was discussion. Victoria then left the meeting.

Center for Living Report Paul said he recently spoke to Leslie who advised renovations on the VNA building may be completed by fall. There was discussion about the Supportive Day Program and how the Anchors will expand programming when it moves.

New Business There was no new business.

The next meeting is June 22nd..

The meeting was adjourned at 9:59 am.